

# health on a shelf.



## Need to get something off your chest?

Sick of catching every nasty cold or flu going around the office? Natralia Bug Fighters range is a natural remedy to ease your cold and flu blues, while naturally building up your immune system. Packed full of nature's wonder ingredient, Echinacea, plus other natural cold and flu fighters, Natralia Bug Fighters products alleviate the symptoms associated with coughs, colds and flu while maintaining general health. Natralia Bug Fighters Lozenges combine natural ingredients including Echinacea, Eucalyptus and Menthol for symptomatic relief of upper respiratory tract infections.

If symptoms persist, seek the advice of your healthcare professional. Not to be used in children under 2 years of age.

Natralia Bugfighters Lozenges, RRP \$6.99 for 24 pack. The Natralia Bug Fighters range is stocked at health food stores, pharmacies and selected supermarkets nationally.

## Safeguard Fruit & Veggie Wash

Research has shown that up to 20 pairs of hands touch your fruits and vegetables before you eat them. This exposes your fresh produce to a range of contaminants that pose a potential health risk. In response to this, Perth businesswoman Leanne Wesche has created Safeguard Fruit & Veggie Wash, an all-natural cleansing wash for fresh produce found to be 100 times more effective than water.

Safeguard Fruit & Veggie Wash is available in the fresh produce section of Coles, Harris Farms and leading green grocers for \$6.95 RRP and will last 40+ washes or 4 – 6 weeks



## No sweat...

They're unattractive, embarrassing and happen to the best of us at the worst of times – on a date, in a business meeting, on a crowded bus... But, thanks to the all new Sweax™ Underarm Liners, sweat marks are a problem of the past. Discreet and non visible, Sweax™ Underarm Liners for men and women will give you sweat free confidence all day long. Made from an absorbent material with a plastic, self-adhesive backing, Sweax™ keep your underarms dry and fresh, while protecting your clothing. Simply apply to your clothing, then remove and discard after use.

**Sweax™ Underarm Liners, RRP \$4.99 for pack of 6 pairs of liners, are available at Priceline and Priceline Pharmacies, Franklins and Woolworths**



## Manuka 5+

The health honey. Sourced from some of the most remote and pristine native forests in New Zealand, Comvita Active 5+ Manuka Honey is world renowned for its distinctive, rich flavour and unique aroma.

Available in 250g, 500g and 1kg from health food stores, pharmacies and tourism outlets.

## Move over Scary Spice!

Foods has introduced a new perfectly sized Herb & Spices range. With a large opening and removable cap that you can fit a teaspoon in, the new range comes in 26 versatile varieties you already know and trust. Easy to spot in the supermarket aisle, and easy to use, these new convenient tubs are just another way that McCormick makes good food great.

Available from selected supermarkets nationally, the tubs are excellent value for money, with most retailing for under \$2.00.

